

Ben Hodges grew up in Virginia Beach, Virginia before attending Liberty University. He graduated from Liberty in 2010 with a Bachelor of Science in Kinesiology with a concentration in Exercise Science. He then attended Radford University earning his Doctorate of Physical therapy degree in 2017. He has been working for Rehab Associates of Central Virginia since graduating. He has been working for the first 2 ½ years at the Moneta location before becoming the Site Director of the Westlake clinic in December of 2019. He has lived in the Valley District area for the last 10 years and currently resides in Goode, Va. Ben enjoys running, outdoor activities, and spending time with his wife, Carrie, and his one-year-old son Oliver.

One of the biggest challenges we face in the physical therapy profession is the upcoming Medicare cuts. The cuts will affect all aspects of our profession and my goal is to help the Valley District to understand the impact of the cuts and how we can help to prevent them from happening. I went to school in the Roanoke area and live in the Lynchburg area and feel I can help both areas work together to get things done. Since graduating with my DPT, I have worked in many roles within the company such as site director, and serving as a part of my company's advisory panel. These roles have helped me to work with other to provide solutions within our company and will allow me to address issues within our District and our profession. I have been a member of the APTA and have participated in events such as lobby day in the past to help support our district and our profession. If nominated, my focus would be to work along side the other members to increase the recognition of the Valley District, the physical therapy profession, and to provide our members with events and meetings that are educational and informative.