

DELEGATE

Name: Carlynn A Alt

Credentials: BSPT, MS, PhD
Orthopaedic Clinical Specialist OCS 1993-2006

Education:
BS Physical Therapy, University of Wisconsin Madison 1983
MS Human Kinetics, University of Wisconsin Milwaukee 1987
PhD Applied Neuromuscular Physiology, Marquette University 2006

Employer and Position: Clinical Associate Professor,
University of Wisconsin Milwaukee
Doctor of Physical Therapy Program

1. What skills and experiences qualify you to serve as a Chapter Delegate?
I have had the pleasure to serve the State of Wisconsin for the past 6 years as one of your Chapter Delegates. My skills as a collaborative and inclusive team member, who is reliable and committed make me an excellent fit for the duties of a Chapter Delegate. I value listening to other Delegate opinions, from different areas of practice and different locations in the state, as we work together as a team to meet the needs of Physical Therapists and Physical Therapist Assistants in Wisconsin. My experience as an educator and my professional practice in health promotion have been particularly salient in the past few years with issues championed at the national level. The shape of the House has changed over the past few years to include both virtual and face-to-face experiences. Experience with virtual platforms in education and clinical teaching have helped me navigate the systems and play an active role in the House.
2. How do you envision the role of an APTA-WI Delegate?
The role of the Delegate is to represent the wishes and concerns of the Physical Therapist and Physical Therapist Assistants in the State of Wisconsin. We also have a duty to convey the decisions made at the House back to the constituents of the state. The delegation should be diverse in demographics and practice area and location within the state to best represent issues accurately. The Delegate has an opportunity to facilitate change as it relates to the State of Wisconsin. I have been especially proud of the reputation of Wisconsin as a strong supporter of Physical Therapist Assistants, fighting for unity between PT and PTAs in the House.
3. Are there particular issues facing the profession currently that will require leadership by APTA-WI Delegates?

I believe **education** of Physical Therapists/Physical Therapist Assistants has changed forever after the past several years. The profession needs to monitor student outcomes as they navigate a post virtual learning environment, and we need to evaluate what are essential skills and how are they best learned- by varied types of learners. Perhaps we can find ways to prepare our students and offer more affordable educational models that help address student debt as a silver lining to the COVID-19 experience. Perhaps we can learn how to practice smarter in our clinics and achieve more lasting health behavior change with telehealth and e-visit opportunities. But the profession needs to be prepared to assess these outcomes.

The House continues to see motions related to **health promotion**; digital technologies, maternal patients/clients, non-pharmacologic management of hypertension, and these represent exciting progress in health promotion by the profession. This is an area I am personally interested in.

Representation within the profession and by the profession to reduce **inequities** based on biases and creating a sense of belonging are of critical importance. I have been involved in Diversity, Equity, Inclusion and Belonging (DEIB) initiatives in my workplace and within the profession and look forward to continuing these efforts.

I commit to engage in the growth of the profession of Physical Therapy and represent the wishes and needs of Physical Therapists and Physical Therapist Assistants from Wisconsin.