

## **DELEGATE**

Name: Caitlyn Anderson, PT, DPT, NCS, GCS

### **Credentials:**

Doctor of Physical Therapy (DPT)

APTA Board-certified in Neurologic Physical Therapy (NCS)

APTA Board-certified in Geriatric Physical Therapy (GCS)

### **Education:**

Northwestern University – Chicago, Illinois

Doctor of Physical Therapy 2011-2014

University of Nebraska – Lincoln – Lincoln, Nebraska

Dietetics/Chemistry 2007-2011

### **Employer and Position:**

*Rusk Rehabilitation, NYU Langone Health, New York, NY:*

Outpatient Neurological Rehabilitation – Adult, July 2014 – Nov 2015

Balance dysfunction, Stroke, Multiple Sclerosis, Parkinson's Disease, SCI

Inpatient Acute Neurological Rehabilitation – Adult, Nov 2015 – Apr 2016

Post-surgical, traumatic, acquired CNS/PNS disorders

2017 Inpatient Emergency Room/Observation Unit Service – Adult, April 2016-Nov

Orthopedic, Neurological, Cardiopulmonary, Vestibular, Differential Diagnosis, Triage

Acute Inpatient Rehabilitation, Medically Complex/Cardiopulmonary – Adult, Nov 2017 – July 2019

Heart/Lung/Liver/Kidney transplant, LVAD, COPD, ILD, MS, Stroke, ESRD, Debility, GBS, Amputation, Wounds, Geriatric

Medical and Surgical Intensive Care Unit – July 2019 – July 2020

Mechanical-assisted ventilation, ECMO, CRRT, LVAD, RVAD, Impella, Intra-aortic Balloon pump, complex cardiopulmonary and transplant, critically ill, sepsis

Covid-19 ICU – March 2020-July 2020

Tracheostomy, mechanical ventilation, neurologic complications, advanced oxygen and circulatory support, wound care, long-term ventilator care unit

*Froedtert Hospital & the Medical College of Wisconsin - Milwaukee, WI – resource pool*

Inpatient Acute/ICU - Float – October 2020-present

General medicine and cardiac, cardiothoracic surgery, Covid-19, early mobility, circulatory support

Academic Teaching – Full Time, 12-month renewable appointment

*University of Wisconsin-Milwaukee Doctor of Physical Therapy Program*

Clinical Assistant Professor, August 2020-present

Primary courses taught: Neuroanatomy, Adult Neuromuscular, Case Based Clinical Decision-Making

Lab assistant in the following courses: Adult Cardiopulmonary, Scientific Foundations of Intervention, Health Promotion and Wellness

Research responsibilities: primary faculty research advisor to students

Academic Advisor to 8 DPT students

Marketing Liaison for UWM DPT Program

Per diem work release: Acute Rehab Dept at Froedtert & Medical College of Wisconsin  
Community health and wellness volunteer

**1. What skills and experiences qualify you to serve as a Chapter Delegate?**

I have a variety of far-reaching skills and experiences that would serve the APTA and state of Wisconsin as a successful Chapter Delegate. Growing up in a small farming town in Nebraska, completing physical therapy school in Chicago, and spending the last 8 years of my clinical career in New York City has afforded me unique opportunities to not only advance my practice, but to expand my world views and cultural competence. Understanding both rural and urban barriers to healthcare and its services as well as providing physical therapy to persons of all ethnic backgrounds has offered me real-life experience that have shaped my personal and professional practice. Additionally, I have vast clinical experience across a variety of settings from the emergency room, to the intensive care unit, to outpatient environments that aids in my perspective of needs across the continuum of care. I have a strong passion for our profession and our role in shaping the human experience and feel it necessary to advocate for patients, students, colleagues, and other healthcare professionals.

**2. How do you envision the role of an APTA Wisconsin Delegate?**

I envision the role to be collaborative, open-minded, and consistent. I would expect all delegates to be able to discuss issues freely and professionally without bias and with the interest of our students, colleagues, and overarching healthcare systems in mind. Discussing attainable goals with realistic timelines while maintaining the APTA core values will be vital to success particularly as we continue to move into uncharted waters in healthcare.

**3. Are there particular issues facing the profession currently that will require leadership by APTA Wisconsin Delegates?**

- Ongoing insurance cuts and barriers related to acquisition of appropriate durable medical equipment including specialty equipment
- Ongoing insurance cuts and barriers related next level of care and physical therapy services, particularly in IPR settings and home health.
- Healthcare worker stress and burnout / high turnover rates
- Reimbursement for CEUs compared to other healthcare professionals
- Introduction of telehealth and virtual learning within physical therapy programs and rehabilitation environments
- Entry-level salaries vs. student loan debt
- Evidence-based practice in physical therapy practice in rural areas
- Evidence-based practice in physical therapy practice in low-income areas
- Equal representation in our profession and in the Midwest