

## **NOMINATING COMMITTEE**

Name: Krissa Reeves

Credentials: PTA, M.Ed.

Education: Associate of Science Physical Therapist Assistant, Master of Education in Adult Education

Employer and Position: Chippewa Valley Technical College, Associate Dean of Health

1. How would you identify and mentor new leaders within APTA Wisconsin?

When trying to identify potential leaders, I look for three main attributes. One, are they a person that is seeking involvement, two, are they emotionally intelligent, and three, are they resilient? These are by no means the only qualifications of a good leader, but they provide an excellent foundation to build on.

A person seeking potential involvement will ask questions and show up, whether to a small event or a large conference. A potential leader will demonstrate emotional intelligence through communication skills, responding to challenging situations with positivity, not negativity, and being motivated to do good, not by power, which is essential for volunteer positions. The third attribute is more vital now than ever; how resilient are they? Can they keep trying and working toward a goal even after repeated setbacks or even if they face the same advisory repeatedly? Many physical therapy battles are not new, but each time they come around, they are just as important as before. You must build relationships with individuals to discover these traits.

How to mentor new leaders is an abstract question. Mentorship will be different for each person. As a nominating committee member, my role may sometimes be a coach, providing encouragement and bolstering confidence to try. Or my part may be that of a true mentor, giving advice and suggestions, sharing experience, and answering questions. My role may be to seek a more qualified mentor for the potential leader. In any mentoring role, the key is to be open and available to the person you are guiding.

2. What skills and experiences qualify you to serve on the Nominating Committee?

The experiences that will help me as a nominating committee member include several years of experience serving the APTA WI as the PTA Caucus Representative and two years on the Nominating Committee. While serving as the PTA Caucus Representative, I was a voting member of the APTA WI Board of Directors and have observed how each position on the Board operates and the time commitment needed to fulfill these roles.

I was also part of the House of Delegates and know the expectations and demands of being a delegate, and I served as a delegate for the APTA PTA Caucus.

A skill I possess that will serve me well in this position is that I can talk to people, and I have talked to many people over the years! I believe that I already have many relationships within

APTA WI, and those contacts will help me seek out potential leaders. Another skill that I have is that I was an educator, and during that time, it was my job to guide, educate, and advise the potential of our field. These same skills will serve me well when identifying and mentoring potential leaders in our association.