

*Board-Certified Geriatric Clinical Specialist*

My past roles in APTA Geriatrics, APTA, my chapter, and the New Mexico Adult Falls Prevention Coalition have informed and prepared me to be the APTA Geriatrics Chief Delegate and a member of the Board of Directors. I'm committed to advocating for optimal ageing and our value as Physical Therapists and PTAs in helping ageing adults to stay as active and independent as possible. This is evident in my work as a West Region State Advocate Coordinator, a New Mexico APTA Geriatrics State Advocate, a member of the APTA Geriatrics/National Senior Games task force, with promotion of our participation in SAFE in state Senior Games and nationals, a member of the National Home Safety and Home Modification Work Group, and as a falls prevention activist and leader in the New Mexico Adult Falls Prevention Coalition. My familiarity with the House of Delegates, many current delegates, Robert's Rules, and advocating for motions will allow me to excel in this role. I enjoy representing our profession, mentoring of members, assisting in access to resources, research, and ideas, while listening and learning from others.