

*Board-Certified Geriatric Clinical Specialist; Certified Exercise Expert for Aging Adults*

Anyone who knows me, knows that I am passionate about the older adult population. I promote outside the box thinking and student service learning to encourage a broader understanding of the older adult. I am always pleased when I hear from former students that my courses helped change their perspective towards the geriatric population. In our current healthcare environment, it is extremely critical that Physical Therapists provide appropriate, individualized care and advocate for their clients to ensure sufficient treatment time is approved. As America ages, we need to ensure that all PT and PTA training programs prepare their students to work with the older adult in all settings, and all licensed PTs and PTAs are competent in providing care to this amazing cohort of individuals.