

*Board-Certified Geriatrics Clinical Specialist*

I graduated from Ohio University Physical Therapy School in 1990, then received my Master's Physical Therapy from University of Indianapolis in 1994 and the transitional doctorate from College of St. Scholastica in 2021. I am board certified in Geriatrics Physical Therapy since 2012 through the APTA. I have had the privilege of being the Tennessee state advocate for geriatric physical therapy which has led me to opportunities of providing fall prevention events. My career started in outpatient orthopedic and sports medicine facilities and then progressed to geriatric population in a skilled nursing facility with inpatient and outpatients. I also became involved with Tennessee Senior Olympics providing the Senior Athlete Fitness Exam screenings for the senior athletes. After 6 years of volunteering, I am privileged to be a member on the Board of Directors for the TN Senior Olympics. I presently work for HealthPro-Heritage in an independent/assisted/memory care living facility in Middle Tennessee. I am involved with the Care Solutions Committee which investigates the latest technology options that may be beneficial for different geriatric settings. I also provide health and wellness to private clients that want to be as active as possible. I would like to be more involved with geriatric physical therapy on the national level such as provided by the APTA Geriatrics.