

*Board-Certified Geriatric Clinical Specialist; Certified Exercise Expert for Aging Adults*

I am a 2003 graduate of the University of Mary, Bismarck, North Dakota, with a Master's in Physical Therapy. I have furthered my education by obtaining a certified competency in vestibular rehabilitation in 2013 from the APTA and Emory University in Atlanta, Georgia. In 2017, I became a certified exercise expert for the aging adult through the APTA and Academy of Geriatrics. I have advanced this knowledge and in 2017 became a board-certified clinical specialist in geriatrics through the APTA. I hold additional certifications including LSVT BIG®(2013), and V2FIT® in concussion management (2019). I am an active member of the American Physical Therapy Association (APTA), both the Academy of Geriatrics and the North Dakota Chapter. I serve as a member of the continuing education committee for the NDPTA since 2019. I am currently working on completion of my terminal degree from the University of North Dakota in the Doctor of Educational Leadership and Practice program. As a physical therapist, I have experience providing care to patients in outpatient neurological rehabilitation, outpatient orthopedics and holds a special interest in geriatrics, vestibular rehabilitation, and concussion management.