

*Certified Exercise Expert for Aging Adults*

My professional experiences have prepared me for a role in leadership in the Academy. I am currently the Program Director of the DPT program at MCPHS University and a Central District Representative for the APTAMA. I am an inaugural member of the ACAPT Advocacy Committee and I belong to several ACAPT consortia. As an academic leader and a graduate of the Educational Leadership Institute Fellowship, I have developed organizational and leadership skills that have served me well, especially through the pandemic. I have spent the last 2 years as a primary caregiver of my mother, who was diagnosed with Lewy Body Dementia & atypical Parkinson's. It has been an incredible journey and one that has given me a perspicacious perspective on geriatric physical therapists and the huge need for PTs who are prepared with the knowledge and skills to treat geriatric individuals. It is imperative that physical therapists be prepared with the best and most current evidence in order to advance a profession that "optimizes the experience of ageing". I am motivated to support AGPT, contribute to the committee, and assist with the future of the Academy of Geriatric Physical Therapy.