
Balance and Falls SIG: Chair



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Board-Certified Clinical Specialist in Geriatric Physical Therapy

My front-line work with the APTA Geriatrics Balance and Falls Special Interest Group (BFSIG) over the last 5 years provides me with a unique pulse on the past, present, and future of the energy and needs of the BFSIG members. In my time as Clinical Liaison (2016-2018), I created the Monthly Challenge as well as worked with the chair at the time to restructure the leadership framework to include more diverse viewpoints in decision-making. I was also able to serve as secretary (2019-2021), during which time I created the Balance and Falls Biweekly Blurb, as well as served pivotal roles in the development of both the Outcome Measures and the National Falls Prevention Awareness Day Toolkits. We have experienced marvelous growth as a unit thanks to the countless efforts from our amazing volunteers. I am so proud of the BFSIG. Should I be elected, I intend to work toward continued growth, as well as sustainability of the BFSIG efforts, including consistent mentoring of our volunteers, continuing to serve as a trusted resource by providing new clinical toolkits, fostering lifelong learning by creating continuing education content, as well as many more ideas to promote quality care for the older adult patient.