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## Cognitive and Mental Health SIG: Chair



### **Tiara Stingley, PT, DPT**

As a clinician with 12 years experience in Geriatrics, I am a dedicated learner and clinical programmer. I continually work to expand my knowledge base and skill set through continued education, networking with peers, and helping teams build stronger programs. I have spent a great deal of time as a regional manager, providing resources and training to my teams to ensure the best outcomes for our seniors. My involvement as a state advocate has given me a platform to network and outreach to garner increased participation in the state, along with my Co-State Advocate. My passion and love for our elders drives me to always learn more, be better, and look for new ways of providing better care. Simply put, I love my profession and striving to be better and more for our seniors.