

*Certified Exercise Expert for Aging Adults; Certified Lymphedema Therapist*

I am honored to be slated for this position. I am a Physical Therapist with 8 years of experience in Geriatrics. I am extremely passionate about serving the older adult population through evidence-based practice. I have served as the past Vice Chair of the Balance and Falls SIG, where I led the Bi-weekly Balance and Fall blurb and contributed to the revision of the Outcomes measures toolkit. I have been a part of the knowledge translation committee for the Osteoporosis CPG developed by the Academy. I currently serve as the Secretary of the APTA Oncology Balance and Falls SIG wherein I am part of clinical and research projects on Cancer and fall risk, and serve as the Director of membership and communications for the APTA Oncology Lymphatic Diseases SIG. I have recently become the Arizona State Advocate for APTA Geriatrics, and I am also part of the leadership team for a CPG for COPD being developed through the Academy of Cardiovascular and Pulmonary Physical Therapy. My education, my experience both in the US and abroad as well as my involvement in different APTA academies have given me a unique outlook. If given an opportunity to serve as the chair of the GHAA SIG, it would be my goal to further partnerships and collaborations between international groups and organizations involved in the care of older adults, and to advance the practice of Geriatric Physical Therapy globally in line with the strategic plans of the SIG and the Academy. I humbly ask for your vote.