

Dawn Palmquist PT, DPT, works in a rural setting at Morris County Hospital Rehab Center as the Director of Rehab and aquatic physical therapist. Dawn has been in the aquatic Physical Therapy field for 15 plus years. Her interest in aquatic PT began as a member of a swim team at a very young age, and she has always loved the water since. When introduced to aquatic therapy during a clinical rotation, she immediately knew she wanted to incorporate it into how she was going to help patients recover. Dawn loves most seeing how the properties of water help people move in ways that they haven't been able to, seeing how it changes people's perception of what they are able to accomplish, seeing people recover faster, and watching how confident they become when aquatic therapy has been added to their plan of care. She loves seeing how aquatic physical therapy changes people's lives. Dawn became a member of the academy to become connected with other aquatic therapists and found it an easy way to stay informed with the most up-to-date research. She finds it important to be able to provide the best quality care for her patients. When Dawn is not in the pool, you can find her enjoying time with her family and watching her children's activities.

Dawn would love to be considered for the position of Director of Practice for the Academy of Aquatic Physical Therapy in order to continue to promote the growth of this special niche within the rehab profession. Her desire is to be able to be a liaison for other aquatic physical therapists in their practice in order to continue to build collaboration and community amongst members with the ultimate goal that patients may continue to benefit from the multitude of positive healing properties of the water.